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We flirt on Twitter, update our relationship status on Facebook and text our boyfriends/girlfriends often throughout the day.

However, what role does technology have in ‘ending’ a relationship?

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11

Use This How-to-guide

If you're too afraid to do any of the previous options listed in this How-to-guide, you can simply leave this guide out in the open for your darling to find. We're positive you'll be single in no time. Not to mention you can use it again in the future!

If your darling rips the book in half, you may have to repair it. However if your lover has damaged it beyond repair (fire etc.) you may need to make another purchase.

Thank you for reading “*Eleven Ways to Ditch Your Darling*.”




STEPH OCHREY DESIGN

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www.stephochrey.com

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Eleven Ways



To Ditch Your Darling

*Ending a relationship is a selfish act that is a necessary evil in life.
This book shows you the different options you have to do it.*

Remember:

You're not ruining someone's life;
he/she will get over you someday.

If you don't break up
quickly and honestly, it's unfair to
you AND the other person.

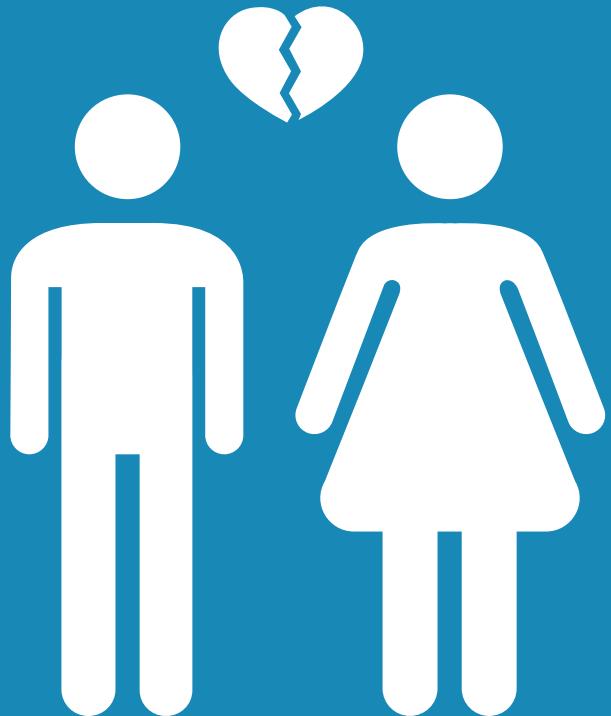
If you are thinking about breaking up
with someone, it's probably
time to do it.

There is no "good" time.
It's going to be ugly, and there's
nothing anyone can do about it.

This book is going to help you find the
way that works for you
and your situation.



Disclaimer: This book is meant to be
humorous and is in no way meant to
offend anyone. If one chooses to use
the methods described in this book,
we take no responsibility.



1

In person

Ending a relationship in person is considered the most respected way to end your relationship. However, occasionally one does not have this option.

Of course breaking up with someone face-to-face is encouraged, you are showing respect for the one you cared about, and chances are they will respect you more for telling them in person, rather than hiding behind other devices.

Two-thirds of breakups are done in person, but when you think about it, two-thirds isn't actually a lot. A third of break ups are done through alternative devices.

Since breaking up in person has been done to death in every how-to guide we are going to explore different ways to break up in this how to guide.

Eleven Ways To Ditch Your Darling





2

By Text Message

Text Message break-ups are becoming more and more socially acceptable.

Breakups are bound to be awful anyway. Consider this: Text message and Post-it breakups are quick and dirty. Plus, they surely make the relationship status clear-cut. When you're feeling emotionally vulnerable afterwards, you likely won't go crawling back to someone who's just texted you, "It's over." If you're already in a new relationship or have someone in mind, this may guarantee the person you're trying to break up with will never speak to you again.

Breaking up is hard to do; perhaps text-message breakups make it easier.



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3

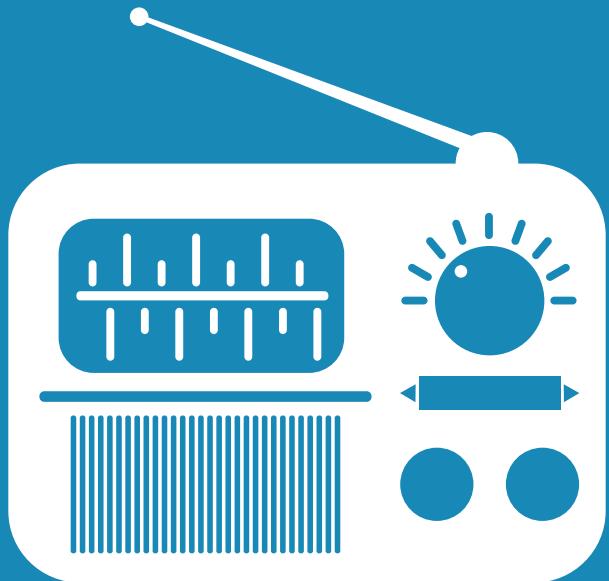
Over the Phone

If you've only been on a few dates with your darling it's probably not very serious yet. Your best option may be the phone method.

If you still respect your darling, you might consider ending things over the phone. This is especially helpful to those who don't have the option of breaking the bad news, such as individuals in long distance relationships.



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4

Radio

Does your significant other listen to the radio on their way to work every morning? Find out which station they listen to, and what time they will be listening to it. Most people call in to dedicate a song to their loved one anyways, how is this much different?

Make sure you pick their favorite song! This way they may be in good spirits after receiving the heartbreak news.

It's probably beneficial to make sure you do it when they are on their way home from work so that you don't completely ruin their day.

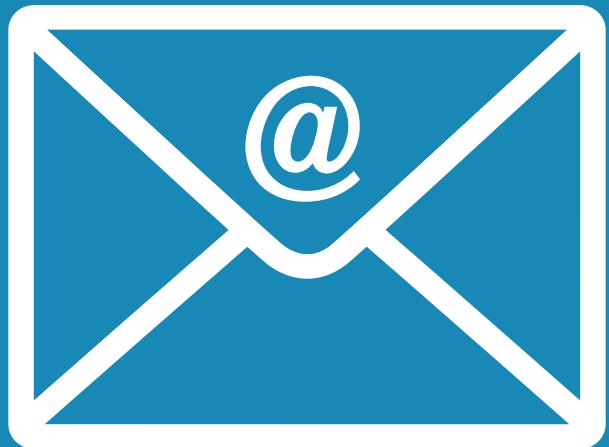
With Song



Without Song



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5

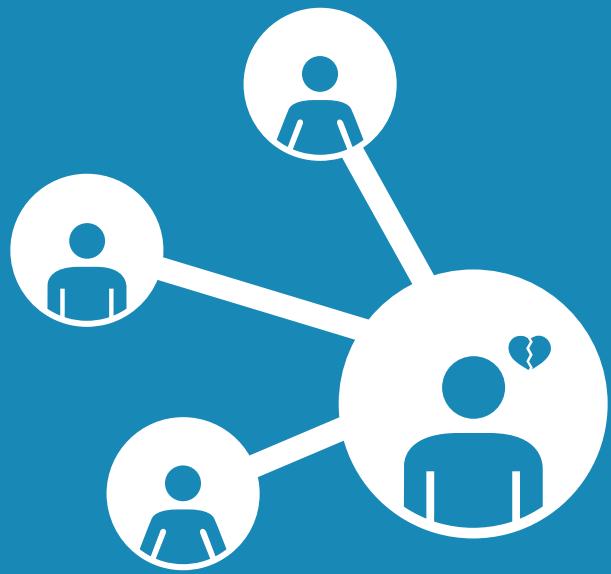
E-mail

Breaking up with someone through an email is similar to breaking up with someone through a text message.

When ending a relationship with someone through e-mail, you run the risk of them not receiving it right away. Not everyone checks their email on a regular basis. You run the risk of having your lover thinking you are still in a relationship when the reality is you broke up with them months ago.



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6

Social Media

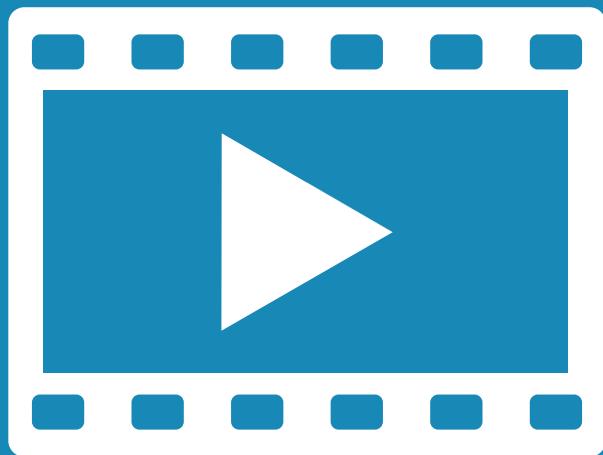
Twitter and Facebook are the most popular forms of social communication.

Different ways you could use them to let your lover know it's over:

- Send them a message letting them know it's over.
- Change your relationship status to single.
- Simply delete them and hope that they take the hint.



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7

Youtube Video

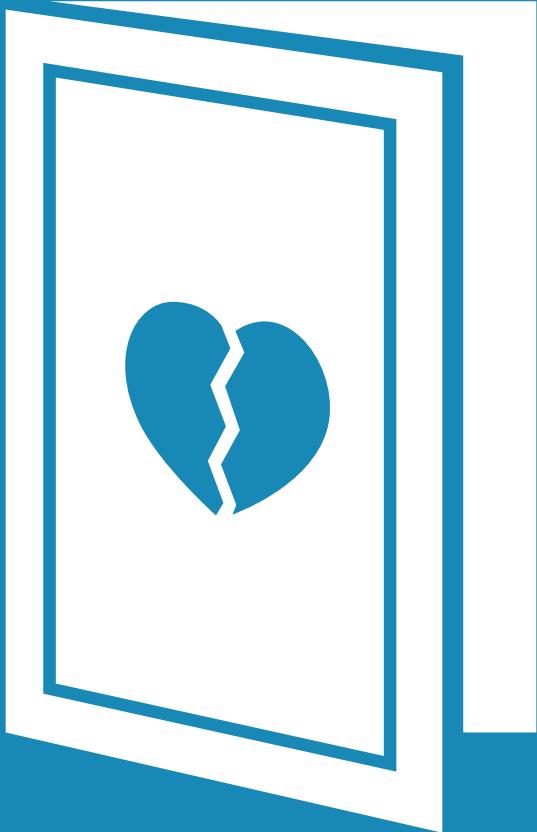
Feeling creative? If you have ever wanted to start off your own video blog what better way than to make a breakup video?

It's like doing it in person in the sense they can see you but without you having to deal with the drama.

Now just wait for the subscriptions to start rolling in.



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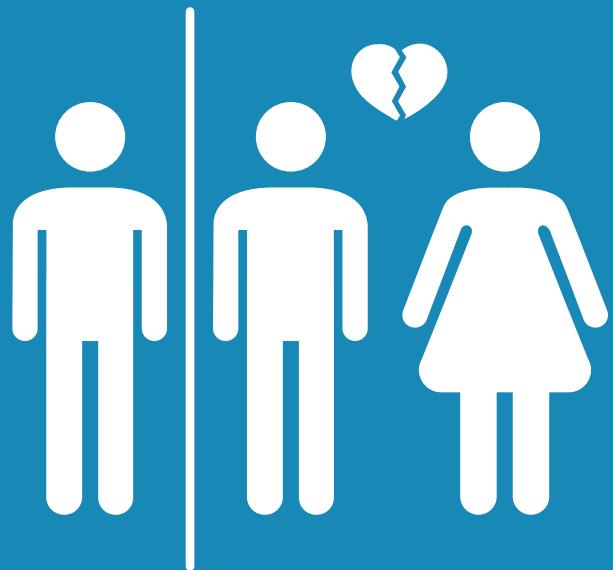
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Make a letter or card

Lovingly make a card for your soon to be ex. This will show them that even though it's over you still put in some sort of effort. This may turn out in your favour if your ex mentions you to his or her other friends. depending on how upset they are about the breakup.

If they are the sentimental type they may even keep it forever.





9

Get your friend to do it.

Chances are if you want to break up with your significant other your friends want it to happen just as much as you do.

Try asking a friend to break up with him or her for you because he/she may react better to your friend than to you.

Things that may go wrong:

- Friend may obtain injuries, and no longer wish to be your friend.
- Friend may use this as an opportunity to make a move on your significant other.





10

Ghosting

This is not an option is not recommended, however we're aware there are individuals who will use this option.

If you are seriously afraid to break up with your darling for whatever reason you can always just ignore their calls and messages.

One hopes they will eventually take the hint and leave you alone.



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